

Insurance Benefits Verification Form

Please fill out this form if you require Helen Spieth, L.Ac or Meghan Ewing, L.Ac to bill your insurance.

Patient name:

DOB:

Insurance Company:

ID#:

Group#:

Call the customer service/benefits number on your insurance card and ask the questions listed below:

Representative's name:

Date and Time of Call:

1. Are Helen Spieth LAc and Meghan Ewing LAc In-Network or Preferred Providers with my insurance?
2. Does my policy include acupuncture benefits?
 1. Do I have a copay or coinsurance for acupuncture? If I have a copay, what is the copay \$ amount? If I have coinsurance, what is the coinsurance percentage?
 2. What is the maximum dollar amount, or maximum number of visits, available for acupuncture per year?
3. Is acupuncture subject to a deductible?

*If yes, what is my deductible for this year? How much of it has been met so far?

*If No: Do I have "Out-of-Network coverage for acupuncture"?
4. This is an important question. Do I need a referral from my Primary Care Physician, or a Pre-authorization for Acupuncture?

Details:

If Pre-Authorization is required, name of 3rd Party to contact for authorization:

***If your plan requires a pre-authorization please notify our office via email, admin@centered-healing.com, or by phone, 503-206-5883, a minimum of 3 business days prior to your first appointment, unless they say authorizations can be acquired retroactively. Most plans do not require a pre-auth, but it is becoming more common.*

Questions 5 pertains to procedure code 97140 which is used to bill Manual Therapy, Cupping, Gua Sha, and Tui Na. If this is something you anticipate using for your treatment, it's important you ask this question.

5. Is the CPT code 97140 covered by my Acupuncture benefits?

Does my plan require a pre-authorization for 97140?

If an Acupuncturist bills 97140, is this deducted from the Physical Therapy benefit available to me?

Amount covered for 97140, dollar or percentage:

6. Is my plan limited to diagnosis codes for musculoskeletal pain only?

7. When did my coverage begin and when it is valid through?

8. Does my insurance plan follow a Fiscal or Calendar year schedule?

While on the phone, you may want to ask about other alternative coverage for future services:

Naturopathic Care, Physical Therapy, Chiropractic Care, Massage Therapy, B12 Injections, Labs/Imaging/Diagnostics...

**Please be aware that this is not a guarantee of payment. Online benefits and insurance handbooks will not always give the same information as a live representative. If an insurance company gives you inaccurate information, they may not honor the benefits you were quoted.*

Notes: