

Insurance Benefits Verification Form

Please fill out this form if you require Helen Spieth, L.Ac or Meghan Ewing, L.Ac to bill your insurance.

Patient name:

DOB:

Insurance Company:

ID#:

Group#:

Call the customer service/benefits number on your insurance card and ask the questions listed below:

Representative's name:

Date and Time of Call:

- 1. Does my policy include acupuncture benefits?**
 - a. Do I have a copay or coinsurance for acupuncture? If I have a copay, what is the copay \$ amount? If I have coinsurance, what is the coinsurance percentage?**
 - b. What is the maximum dollar amount, or maximum number of visits, available for acupuncture per year?**

- 2. Is acupuncture subject to a deductible?**

If yes, what is my deductible for this year? How much of it has been met so far?

- 3. Are Helen Spieth LAc and Meghan Ewing LAc In-Network or Preferred Providers with my insurance?**

If No: Do I have "Out-of-Network coverage for acupuncture"?

How many units of Acupuncture per visit are covered by my plan?

- 4. This is an important question. Do I need a referral from my Primary Care Physician, or a Pre-authorization for Acupuncture?**

Details:

If Pre-Authorization is required, name of 3rd Party to contact for authorization:

***If your plan requires a pre-authorization please notify our office via email, admin@centered-healing.com, or by phone, 503-206-5883, a minimum of 3 business days prior to your first appointment, unless they say authorizations can be acquired retroactively. Most plans do not require a pre-auth, but it is becoming more common.*

- 5. Is the CPT code 97140 covered by my Acupuncture benefits?**

This is the code Acupuncturists use to bill Manual Therapy, Cupping, Gua Sha, and Tui Na.

Does my plan require a pre-authorization for 97140?

If an Acupuncturist bills 97140, is this deducted from the Physical Therapy benefit available to me?

Amount covered for 97140, dollar or percentage:

6. Are there any Diagnosis codes that are not covered for Acupuncture under my plan?

If yes, which diagnosis are not covered?

Note that customer service may not be able to give answers to all these questions, depending on who you are insured by.

If you are unable to get this question answered, ask: Does my plan only cover pain arising from musculoskeletal pain?

7. When did my coverage begin and when it is valid through?

Does my insurance plan follow a Fiscal or Calendar year schedule? (choose one)

While on the phone, you may want to ask about other alternative coverage for future services:

Naturopathic Care, Physical Therapy, Chiropractic Care, Massage Therapy, B12 Injections, Labs/Imaging/Diagnostics...

**Please be aware that this is not a guarantee of payment. Online benefits and insurance handbooks will not always give the same information as a live representative. If an insurance company gives you inaccurate information they may not honor the benefits you were quoted.*

Notes:

